



The Scientific Teachings of Kriya Yoga Meditation

October 2 -4, 2026

Strongsville, OH

with Yogacharya Durga Chunduri

Yogacharya Durga Chunduri serves Kriya Yoga as the resident yogacharya of the Chicago Kriya Yoga Center, and she is the Director of Hand in Hand USA, a charitable organization formed to raise funds for the clinics and school started by Prajnana Mission in India. She began initiating and teaching Kriya Yoga in 1998.

For more
information or to
register, please
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Watch to learn more:
"An Ideal Starting
Point"



The science and
essence of Kriya Yoga
from the lips of
beloved Master

Friday, October 2, 2026

6:30 PM - 8:00 PM

The Ancient Science of Kriya Yoga Meditation

Join us for a free discourse and discussion on Kriya
Yoga meditation. All are welcome.

Saturday, October 3, 2026

08:30 am – 09:00 am	Registration
09:00 am – 12:00 pm	Kriya Yoga Initiation
12:00 pm – 02:00 pm	Lunch, Seva, Rest
02:00 pm – 04:00 pm	Technique Class
04.15 pm – 05:30 pm	Guided Meditation

Sunday, October 4, 2026

08:30 am – 10:30 am	Technique Review
10:45 am – 12:00 pm	Guided Meditation
12:00 pm – 01:00 pm	Lunch, Seva
01.30 pm – 02.30 pm	Q&A Session
03.00 pm – 04.00 pm	Guided Meditation

*Friday's Public talk and Saturday & Sunday's
Initiation Ceremony will be held at:*

Deerfield Lake Recreation Center

17148 Goldenstar Drive,
Strongsville, OH 44136



**"Opportunity must not be neglected, for it may never return." - Paramahansa
Hariharinanda**