



Breath Mastery is Self-Mastery

Free Public Lecture. All are Welcome.

Friday, August 15th

7 - 8:30 PM

Learn Kriya Yoga Meditation

Please reserve Saturday & Sunday to learn Kriya Yoga



Swami
Vairagyananda

Saturday, Aug 16th

9 - noon : Kriya Yoga Initiation
2 - 5 PM : Techniques, Meditation

Sunday, Aug 17th

8:30 - noon : Review, Meditation
2 - 4:30 PM : Q&A, Meditation



Yogacharya
Bhadrayu Pandya

Venue

The Center for New Life
6797 N. High St., Suite 333
Worthington, OH 43085



www.kriya.org

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