

SOUTHERN CALIFORNIA KRIYA YOGA INTENSIVE
Hosted by Kriya Los Angeles

Kriya Yoga is **a precious gift** from our lineage of enlightened masters. The blessings and grace flow unceasingly to all who practice with sincerity and love.

Kriya Yoga Intensive: Strengthening Your Sadhana. Join us!
Experience the power of guided group meditations. Fine-tune your technique through dedicated Q&A sessions. Listen to informative discourses that help deepen your connection to God & Gurus.

DATE & EVENT SCHEDULE

Sunday, December 6, 2026
08:30 AM – 10:00 AM Guided Meditation (Sadhana)
10:00 AM – 10:15 AM Break
10:15 AM – 11:45 AM Practice Review, Q&A
11:45 AM – 01:15 PM Vegetarian Lunch*
01:15 PM – 02:30 PM Discourse & Discussion
02:30 PM – 02:45 PM Break
02:45 PM – 03:45 PM Guided Meditation (Sadhana)

*Simple vegetarian lunch provided. For those with dietary restrictions or food allergies, please bring your own lunch.

TEACHERS



Yogacharya Richard Peterson was initiated into Kriya Yoga by Paramahamsa Hariharananda in 1979 and has been authorized to teach Kriya Yoga since May 2007. He is a devoted Kriyavan who has guided countless individuals in North America on the path of Kriya.



Yogacharya Marydale Pecora is a lifelong practitioner of yoga, meditation, and spiritual living. With deep gratitude, she serves as a Yogacharya in Southern California and is the host of the Living in Joy podcast through the Women's Sangha and Ministry of Kriya Yoga.

LOCATION

Rockpointe Clubhouse
22300 Devonshire Street
Chatsworth, CA, 91311

The clubhouse is located on the south side of Devonshire St. between Valley Circle and Larwin Ave. There is ample street parking available.

REGISTRATION PROCESS

- **Eligibility**: For Initiates in the lineage of Paramahamsa Hariharananda only
- **Deadline**: Register no later than **December 3, 2026**
- **To Register**: Scan the QR code below or visit https://kriya.org/event-details/8955/en

INSTRUCTIONS

- Please arrive early to sign in and register. We will begin promptly at 8:30 AM.
- Bring your yoga mat, a bolster, water, and/or anything else you need to feel comfortable. There are chairs available.
- If you need directions, feel free to call or text.

Email: losangeles-ca@kriya.org **Contact: Marydale Pecora (818) 203-3377**