



# Learn Kriya Yoga Meditation

Please reserve Saturday & Sunday to learn Kriya Yoga



Swami  
Vairagyananda Giri

## Saturday, July 18

**8:30am-12:00pm:** Kriya Yoga Initiation  
**12pm-02pm:** Lunch, Book Browsing  
**2:00pm-05:30pm:** Techniques, Meditation

## Sunday, July 19

**8:30am-12:30pm:** Review, Meditation  
**12:30pm-02:30pm :** Lunch, Book Browsing  
**2:30pm-04:30pm :** Q&A, Meditation



Swami  
Tapasyananda Giri

**Offerings** of three articles are required for the initiation

- Five fruits
- Five flowers
- \$200



## Venue

Westmoreland St,  
Falls Church, VA 22043

## Contact

Krishna- 703 203 8302  
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fallschurch-va@kriya.org

[www.kriya.org/event-details/8845/en](http://www.kriya.org/event-details/8845/en)

