

## The Scientific Teachings of Kriya Yoga Meditation – Love & Peace Free Public Lecture – All are Welcome

## Friday June 7, 2024 7:00-8:30 pm Location: 14137 South Shore Drive, Clive, IA 50325



Sw Tapasyananda Giri

Contact: Julia L Email: desmoines-ia@kriya.org

Weekend Program Schedule for June 8-9, 2024 (Initiation&Meditation) For those interested in Kriya Yoga Initiation, Reserve all Weekend June 8-9, 2024 Location: 14137 South Shore Drive, Clive, IA 50325

## Saturday, June 8, 2024

Sw Vairagyananda Giri

8:00 am to 12:30 pm 2:00 pm to 5:00 pm Kriya Yoga Initiation Ceremony Technique Class & Guided Meditation

## Sunday, Jun 9, 2024

9:00 am to noon 2:00 to 4:30 pm Technique Review & Guided Meditation Q&A Session & Guided Meditation