



## NORTHERN CALIFORNIA KRIYA YOGA INTENSIVE PROGRAM

Kriya Yoga is a **precious gift** from our lineage of enlightened masters. Their blessings and grace flow unceasingly to all who practice with sincerity and love.

**Ready to elevate your practice or just get back on track? Join us!**

- Experience the power of guided group meditations.
- Fine-tune your technique through dedicated Q&A sessions.
- Listen to informative discourses that help deepen your connection to God & Gurus.

### WHEN & WHERE

**May 17, 2026**

**Mountain View De Anza Masonic Lodge**  
890 Church St, Mountain View, CA 94041

### TEACHER



An authorized Yogacharya for nearly 18 years, **Yogacharya Richard Peterson** has dedicated himself to the service of the Gurus and Kriya Yoga since his initiation in 1979.

### EVENT SCHEDULE

- 08.30 - 10.00 a.m.** - Guided 2<sup>nd</sup> Kriya Meditation  
(For 2<sup>nd</sup> Kriya initiates only)
- 10.00 - 10.30 a.m.** - Break
- 10.30 - 11.30 a.m.** - Guided 1<sup>st</sup> Kriya Meditation
- 11.45 - 01.30 p.m.** - \* Vegetarian Lunch/Book Sale
- 01.30 - 02.30 p.m.** - Discourse & Discussions
- 02.30 - 03.30 p.m.** - Technique Q&A
- 03.45 - 04.45 p.m.** - Guided 1<sup>st</sup> Kriya Meditation

\* Simple vegetarian lunch provided. For those with dietary restrictions or food allergies, please bring your lunch.

### REGISTRATION PROCESS

- **Eligibility:** For Initiates in the lineage of Paramahansa Hariharananda only
- **Deadline:** Register no later than **May 14, 2026**
- <https://kriya.org/online-registration/8804/en>



### REGISTRATION FEE

**\$50 per person | \$25 per student**

- **Zelle:** Send to [kriyadhyanamandir@kriya.org](mailto:kriyadhyanamandir@kriya.org)  
(Please enter "**Saratoga intensive and your name**" in the notes)
- **Check:** Payable to "**Kriya Yoga Institute**"
- **Cash:** Please hand directly to Sheela ma or Vasudha Ma.

This fee helps cover essential costs like facility rental, teacher travel and food. **If possible, we truly appreciate any additional donations.**