



NORTHERN CALIFORNIA KRIYA YOGA INTENSIVE PROGRAM

Kriya Yoga is a **precious gift** from our lineage of enlightened masters. Their blessings and grace flow unceasingly to all who practice with sincerity and love.

Ready to elevate your practice or just get back on track? Join us!

- Experience the power of guided group meditations.
- Fine-tune your technique through dedicated Q&A sessions.
- Listen to informative discourses that help deepen your connection to God & Gurus.

WHEN & WHERE

Sunday, May 17, 2026
Mountain View De Anza Masonic Lodge
 890 Church St, Mountain View, CA 94041

TEACHER



An authorized Yogacharya for nearly 18 years, **Yogacharya Richard Peterson** has dedicated himself to the service of the Gurus and Kriya Yoga since his initiation in 1979.

EVENT SCHEDULE

- 08.30 - 10.00 a.m.** - Guided 2nd Kriya Meditation (For 2nd Kriya initiates only)
- 10.00 - 10.30 a.m.** - Break
- 10.30 - 11.30 a.m.** - Guided 1st Kriya Meditation
- 11.45 - 01.30 p.m.** - * Vegetarian Lunch/Book Sale
- 01.30 - 02.30 p.m.** - Discourse & Discussions
- 02.30 - 03.30 p.m.** - Technique Q&A
- 03.45 - 04.45 p.m.** - Guided 1st Kriya Meditation

* Simple vegetarian lunch provided. For those with dietary restrictions or food allergies, please bring your lunch.

REGISTRATION PROCESS

- **Eligibility:** For Initiates in the lineage of Paramahansa Hariharananda only
- **Deadline:** Register no later than **May 14, 2026**
- <https://kriya.org/online-registration/8804/en>



REGISTRATION FEE

\$50 per person | \$25 per student

- **Zelle:** Send to kriyadhyanamandir@kriya.org (Please enter "**Saratoga intensive and your name**" in the notes. Please email the screenshot of zelle payment to saratoga-ca@kriya.org)
- **Check:** Payable to "**Kriya Yoga Institute**"
- **Cash:** Please hand directly to Sheela ma or Vasudha Ma.

This fee helps cover essential costs like facility rental, teacher travel and food. **If possible, we truly appreciate any additional donations.**