

Kriya Yoga Institute
PO Box 924615
Homestead FL 33092-4615



+1 305-247-1960
institute@kriya.org
www.kriya.org



**“Kriya Yoga,
the science of
soul culture.”**

FREE In-Person Public Talks
Kriya Yoga: The Path to Inner Peace
with Swami Atmavidyananda Giri
and Yogacharya Richard Peterson

Thursday, July 16, 2026 ✨ 7:00-8:15 PM

Sri Ashta Lakshmi Temple
12020 Cantara St, North Hollywood, CA

Or join on Zoom with [THIS](#) link

Friday, July 17, 2026 ✨ 7:00-8:15 PM

Sri Venkata Krishna Temple
2770 Borchard Rd, Thousand Oaks, CA

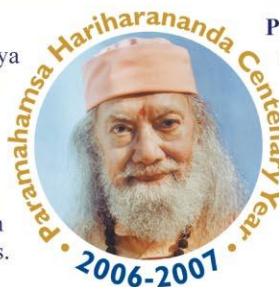
Or join on Zoom with [THIS](#) link

Contact: Marydale Pecora
818 203-3377
info@losangeles.kriya.org



What is Kriya Yoga

In 1861, the immortal Mahavatar Babaji reintroduced Kriya Yoga, the ancient method of living and meditation. Kriya Yoga cultivates body, mind, and intellect using powerful meditative and yogic disciplines. It helps us to cultivate and observe the three divine qualities of light, vibration, and sound by using ancient techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness.



Paramahansa Hariharananda (1907-2002)

a great saint, taught the ancient science of Kriya Yoga, a non-sectarian meditative practice cultivating the body, mind, and soul. Filled with purity and love, he came from a long, unbroken line of masters, ultimately attaining the highest goal of a realized yogi, nirvikalpa samadhi, a conscious, breathless and pulseless state beyond physical limitations. A disciple of Swami Shriyuktishwar and Paramahansa Yogananda, Paramahansa Hariharananda spread Kriya Yoga to the East and West.