<u>Kriya Yoga Intensive (for Kriya Initiates Only)</u> (Kriya Yoga International – www.kriya.org)



Southern California Location:

Rockpointe Clubhouse 22300 Devonshire Blvd, Chatsworth, CA, 91311

Sunday March 30, 2025 9:00 AM – 5:00 PM

Los Angeles, Claremont, Irvine, San Diego, Santa Barbara and Bakersfield Kriya Yoga Centers <u>Sunday March 30, 2025 – 9:30 AM to 5 PM</u>

This is a divine opportunity for Kriya Initiates to go deeper into meditation practice. Intensive includes meditation, technique review, Q&A, and discourse. Kriya intensive program will be led by Yogacharya Kaushal Gokli. Recommended minimum donation is \$40 – Lunch Included Location: Rockpointe Clubhouse, 22300 Devonshire Blvd, Chatsworth, CA, 91311 Schedule:

8:30 to 8:50 am	Registration
9:30 to 11:00 am:	Meditation
11.15 to 12.15 pm	Discourse/talk
12:30 to 2:00 pm:	Lunch break (lunch provided)
2:00 to 315 pm:	Q&A, Technique review
3.30 to 4.45 pm:	Meditation
5.00 pm	Adjourn

Please sign up here. Contact:

Marydale Pecora at 818 203-3377 info@losangeles.kriya.org.