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the loving teachings of **)**GA



With Yogacharya's **Richard Peterson & Sudeep Bharati** Los Angeles, CA Nov 1-3, 2024

Friday, Nov 1

PUBLIC LECTURE

7:00-8:30 pm - Kriva Yoga, Path to Inner Peace. **Emerson Unitarian Universal Church**, 7304 Jordan Avenue, Canoga Park, CA, 91303

INITIATION PROGRAM

Saturday, Nov 2

Sunday, Nov 3

For more Information

What is Kriya Yoga

Rockpoint Clubhouse

22300 Devonshire Blvd, Chatsworth, CA, 91311 The embodement of Divine Love 9:00-12:30 pm- Initiation 12:30-02:00 pm - Lunch 02:00 - 05:00 pm - Practice 9:00-12:30 pm- Practice 12:30 - 02:00 pm - Lunch 02:00 - 05:00 pm - Practice

Suresh Jayapal: 805-387-8232 Ravindranath Uppalapati: 913-461-6411 info@losangeles.kriya.org

Human beings pine for love in this world without which life is empty. When the love is intense. unconditional, and devoid of expectations, it transforms into divine love. True fulfillment and unbound joy can come only from divine love.

Paramahamsa Hariharananda (1907-2002)

In 1861, the immortal Mahavatar Babaji reintroduced Kriya Yoga, the ancient method of living and meditation. Kriva Yoga cultivates body, mind, and intellect using powerful meditative and yogic disciplines. It helps us to cultivate and observe the three divine qualities of light, vibration, and sound by using ancient techniques of concentration, posture, and breathing. This develops a one-pointed mind, which enables us to penetrate the deepest levels of consciousness.



a great saint, taught the ancient science of Kriva Yoga, a non-sectarian meditative practice cultivating the body, mind, and soul. Filled with purity and love, he came from a long, unbroken line of masters, ultimately attaining the highest goal of a realized yogi, nirvikalpa samadhi, a conscious, breathless and pulseless state beyond physical limitations. A disciple of Swami Shrivukteshwar and Paramahamsa Yogananda. Paramahamsa Hariharananda spread Kriya Yoga to the East and West.