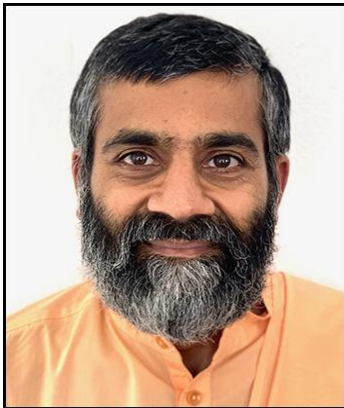


## **The Scientific Teachings of Kriya Yoga Meditation** **Free Online Public Lecture and Q & A Session – All are Welcome**

**Friday June 6, 2025 7:00 pm - 8:30 pm**

For more information about joining the online public talk, you can scan the QR Code  
or click this link: <https://kriya.org/event-details/7756/en>



For those who are interested in taking initiation into Kriya Yoga and learning the meditation techniques, please register prior to the program and we will send you more details, including the location for the weekend program.

You can register by clicking this link  
<https://kriya.org/event-details/7756/en>

Or scanning the QR Code

**Contact Information:**

For any question please send to:  
rochester-ny@kriya.org



**Swami Purnatmananda Giri** will be giving the introductory talk on the Science of Kriya Yoga and teaching the techniques to those who participate in the weekend initiation program.

He has been a practitioner and teacher of Kriya Yoga for more than 30 years.

### **Weekend Program Schedule for June 7- 8**

**For those interested in Kriya Yoga Initiation, Reserve all Weekend June 7 - 8**

**Location: will be given upon Registration**

**Saturday, June 7, 2025 (Veg. Lunch Provided)**

**9:00 am to 1:00 pm**

**Kriya Yoga Initiation Ceremony**

**3:00 pm to 5:00 pm**

**Technique Class & Guided Meditation**

**Sunday, June 8, 2025 (Veg. Lunch Provided)**

**9:00 am to 1:00 pm**

**Technique Review & Guided Meditation**

**3:00 pm to 5:00 pm**

**Discourse, Q&A Session & Guided Meditation**

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Phone +1 305-247-1960 email [institute@kriya.org](mailto:institute@kriya.org) website [www.kriya.org](http://www.kriya.org)