



## Northern California Intensive Kriya

Saturday, April 12, 2025

Wellness By All Means,  
5500 Stewart Avenue, Ste 200, Fremont CA 94538

- 8:30 - 10:00 AM – Guided 2nd Kriya Meditation
- 10:00 - 10:30 AM – Break
- 10:30 - 11:30 AM - Guided 1st Kriya Meditation
- 11:45 - 1:30PM - Lunch Break\*
- 1:30 - 2:30PM - Discourse, Discussion
- 2:30 - 3:30PM - Q&A
- 3:45 - 4:45 PM - Guided 1st Kriya Meditation

\*Simple Vegetarian Lunch will be served

Acharya(s): Yogacharya Amit Chatterjee

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Event Registration : [Kriya.org](http://Kriya.org) (events - Saratoga)