

Northern California Intensive Kriya

Saturday, April 12, 2025

Wellness By All Means, 5500 Stewart Avenue, Ste 200, Fremont CA 94538

8:30 - 10:00 AM - Guided 2nd Kriya Meditation

10:00 - 10:30 AM - Break

10:30 - 11:30 AM - Guided 1st Kriya Meditation

11:45 - 1:30PM - Lunch Break*

1:30 - 2:30PM - Discourse, Discussion

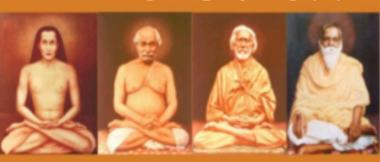
2:30 - 3:30PM - Q&A

3:45 - 4:45 PM - Guided 1st Kriya Meditation

*Simple Vegetarian Lunch will be served

Acharya(s): Yogacharya Amit Chatterjee

Contacts: Vasudha 440-821-9174 / Sheela 312-363-8320 saratoga-ca@kriya.org (or) templeofmeditation@kriya.org





Event Registration: Kriya.org (events - Saratoga)