



## Learn KRIYA YOGA MEDITATION AUG 5th - 6th TRINIDAD & TOBAGO

## FREE LECTURES

**July 29th SATURDAY** - 6.30 pm - 7.30 pm - "Ancient Science of Kriya Yoga Meditation" PARAAM DHAAMA AASHRAMA, Lachoos Rd, Penal -71, Trinidad

**July 30th - SUNDAY** - 9.00 - 10.00 am - "Mastering the Mind through Kriya Yoga Meditation " SHIVA JYOTI HINDU ORGANIZATION, Las Lomas #2, Karro Ojah Maharaj Trace, Trinidad

August 1st – TUESDAY 6.30 pm - 7.30 pm - "Ancient Science of Kriya Yoga Meditation"

MAHATMA GANDHI INSTITUTE, Max Richard Drive, Uriah Butler Highway North West, Mt. Hope, Trinidad & Tobago

**August 2nd** – WEDNESDAY 6.30 pm – 7.30 pm – "Mastering the Mind through Kriya Yoga Meditation " VYAS HINDU COMPLEX, New Settlement Caroni Savannah Road Chaguanas. (Obliquely opposite Roopnarine Hardware).

**August 3rd** -THURSDAY - 6.30 pm - 7.30 pm - "Ancient Science of Kriya Yoga Meditation" GASPARILLO HINDU MANDIR, # 139 Bonne Adventure Main Rd., Gasparillo, Trinidad & Tobago



Sw. Purnatmananda Giri

## INITIATION PROGRAM

August 5th - 8.30 AM - 5.00 PM - Registration, Initiation into Kriya Yoga, Technique Teaching, Guided Meditation August 6th - 8.30 AM - 4.00 PM - Guided Meditation, Technique Review, Benefits. CHINMAYA MISSION, #1 Swami Chinmayananada Dr. Calcutta Rd, #1 McBean, Couva, Trinidad & Tobago



TO REGISTER - SCAN QR CODE OR ATTEND THE FREE LECTURE OR CALL OR EMAIL OR GO TO THIS LINK - https://forms.gle/hrDJw98EU8mWB65T9



KRIYA.ORG | TEL: (868)686-3548 OR 954-779-6268 | EMAIL: TRINIDAD-TT@KRIYA.ORG