



# LEARN

## KRIYA YOGA MEDITATION

### AUG 2<sup>nd</sup> & 3<sup>rd</sup>

## TRINIDAD & TOBAGO

### FREE LECTURES

July 29th , TUESDAY - August 1st , FRIDAY

Tuesday 29th July, 2025 6:30pm -7:30pm  
UNIVERSITY OF THE WEST INDIES, School of education,  
Room 219, St.Augustine

&  
6:00pm -7:00pm  
CHINMAYA MISSION, Calcutta Road #1, Couva

Wednesday 30th July, 2025 6:30pm -7:30pm  
KRISHNA MANDHIR, Todd Street, San Fernando

Thursday 31st July, 2025 6:30pm -7:30pm  
LANGE PARK SAI CENTER, Gaston Court, Chaguanas

### INITIATION DAYS

August 2nd - 8:30 AM - 5:00 PM - Registration, Initiation  
into Kriya Yoga, Technique Training, Guided Meditation

August 3rd - 8:30AM - 4:00PM - Guided Meditation,  
Technique Review, Benefits

LANGE PARK SAI CENTER, Gaston Court, Chaguanas



Sw. Sahajananda Giri



Sw. Purnatmananda Giri

SCAN ME!



TO REGISTER - SCAN THE QR CODE - ATTEND THE FREE LECTURE OR CALL OR  
EMAIL OR GO TO THIS LINK -<https://www.kriya.org/online-registration/7866/en>

KRIYA.ORG | TEL: (868)464-4453 OR 954-614-7007 | EMAIL: TRINIDAD-TT@KRIYA.ORG

