



*Learn*

KRIYA YOGA  
MEDITATION  
JULY 4<sup>th</sup> & 5<sup>th</sup>, 2026  
TRINIDAD & TOBAGO

**FREE LECTURES**

**TUESDAY June 30th - FRIDAY July 3rd**



**Tuesday June 30th, 2026 6:30 pm -8:00pm**  
**THE UNIVERSITY OF THE WEST INDIES, School of Education,**  
**Room 219, Agostini Street, St. Augustine**

Sw. Purnatmananda Giri



Sw. Sahajananda Giri

**Wednesday July 1st, 6:30pm -8:00pm**  
**KRISHNA MANDIR, 40 Todd Street, San Fernando**

**Friday July 3rd, 7:00pm -8:00pm**  
**AMARJOTH SABHA MANDIR, 264 Southern Main Road, Cunupia,**

**INITIATION DAYS - July 4<sup>th</sup> and 5<sup>th</sup>**

**July 4th - 8:30 AM - 5:00 PM - Registration, Initiation into Kriya Yoga,**  
**Technique Training, Guided Meditation**

**July 5<sup>th</sup> - 8:30AM - 4:00PM - Guided Meditation,**  
**Technique Review, Benefits**

**CHINMAYA MISSION, Swami Chinmayananda Drive,**  
**Calcutta Road #1, McBean Village, Couva**

**TO REGISTER - SCAN THE QR CODE - ATTEND THE FREE LECTURE OR CALL OR**  
**EMAIL OR GO TO THIS LINK - <https://www.kriya.org/online-registration/7866/en>**

SCAN ME!



**KRIYA.ORG | TEL: (868)464-4453 OR 954-614-7007 | EMAIL: TRINIDAD-TT@KRIYA.ORG**

